



MALTA YOUNG SAILING CLUB GILL FOUNDATION DAY REGATTA 2019

SAILING INSTRUCTIONS

1. RULES

1. The regatta will be governed by the rules as defined in the **2017-2020 Racing Rules of Sailing (RRS)**.
2. No national authority prescriptions will apply.
3. The following Class Rules and instructions shall also apply:
 - I. **The International Optimist Dinghy Association (IODA)**.
 - II. **The International Laser Class Association (ILCA)**.
 - III. **The 29er Class rules**
 - IV. **The RS Feva Class rules**
 - V. **The Sailing Instructions (SI)**, and any amendments there to. In the event of conflict, the SI shall prevail.
4. Attention is drawn to IODA Class Rules 2019, 4.2 & 4.3
5. If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

1. Notices to competitors will be posted on the official notice board(s) located at the MYSC Race Office.

3. CHANGES TO SAILING INSTRUCTIONS

1. Any change to the Sailing Instructions will be posted at least one hour before the start of races affected by that change.

4. SIGNALS MADE ASHORE

1. Signals made ashore will be displayed at the MYSC clubhouse and Slipways.



2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE OF RACES

1. The series racing days shall take place as follows:
 - I. Saturday 23rd March 2019 first warning signal for 1st race of the day at 12:00 hrs.
 - II. Sunday 24th March 2019 first warning signal for 1st race of the day at 10:30 hrs.
2. A maximum of six (6) races in each class are planned. One extra race per day may be sailed provided that no class becomes more than one race ahead of schedule.
3. When there has been a long postponement or when more than one race (or sequence of races, for two or more classes) will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least five minutes before a warning signal is displayed.
4. On each day of the regatta, no warning signal will be made after 1600hrs, unless this a sequence continuation of the starting signals of a race for which a warning signal was given before 1600 hrs.

6. CLASS FLAGS

1. Class flags will be as follows:

<i>Class</i>	<i>Flag</i>
Optimist Beginners	IC flag Foxtrot
Optimist Senior & Cadet	White Flag bearing a blue IODA logo.
Laser Classes	Yellow Flag bearing a Laser logo.
29er & RS Feva Classes	IC Flag Romeo

7. RACING AREAS

1. The designated racing area shall be on the waters around St. Paul's Bay and its approaches. Competitors are urged to follow the Committee Boat when Flag L is displayed until it takes up its position at the start area.



8. THE COURSES

1. The diagram in Appendix I shows the courses that may be used, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

1. All turning marks shall be inflatable **BLUE** buoys.
2. An Orange buoy with an Orange flag will be used as the start pin end mark.
3. An Orange buoy with a Blue flag will be used as the finishing pin end mark.
4. A race committee boat signaling a change of a leg of the course is deemed to be a mark as provided in SI 12.2.

10. AREAS OF OBSTRUCTION

1. No areas of obstruction are defined.

11. THE START

1. Races will be started by using Rule 26 with the warning signal given 5 minutes before the starting signal.
2. The starting line will be between the race committee signal boat's mast, bearing an Orange flag and an Orange buoy with an orange flag situated at the pin end.
3. **Boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 30 meters from the starting line and marks in all directions.**
4. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS). *This changes Rule A4 and A5.*
5. Sailors attention is drawn to the RRS rule 30.3 the 'U' flag rule.

12. CHANGE OF NEXT COURSE LEG

1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
2. Except at a Gate, boats shall pass between the committee boat, signaling the change of next leg and the nearby mark, leaving the mark to port and the committee boat to starboard. This changes Rule 28.1.



13. THE FINISH

1. The finish line will be between the race committee signal boat's mast, bearing an Orange flag and an Orange buoy with a BLUE flag to **Starboard** of the committee boat.
2. **Boats that have finished are to keep well clear, of the approach to, and the Finish Line. The same applies to all support persons.**

14. PENALTY SYSTEM

1. Rules 44.1 and 44.2 are unchanged for all classes.
2. As provided in Rule 67, the Protest Committee may without a hearing, penalize a boat that has broken Rule 42. There may be a Jury afloat for observance of Rule 42.

15. TIME LIMITS

1. The Target time for the first boat to finish is 50 minutes for all classes.
2. Any boat that does not finish a race within the time limit of 75 minutes may be scored DNF at the discretion of the Race Committee. *This changes RRS rule 35.*

16. PROTESTS AND REQUESTS FOR REDRESS

1. Protest Forms shall be available at the race office. Any protest shall be delivered there within the protest time limit.
2. The Protest Committee or Race Committee will decide an adequate time limit depending on the time the majority of the fleet returns ashore. The same time limit applies to protests by the race committee about incidents they observe in the racing area and to requests for redress. *This changes Rules 61.3 and 62.2.*
3. Notices will be posted within 30 mins of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Race Office located at the MYSC clubhouse.
4. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).



5. A list of boats that, under SI 14.2, have acknowledged breaking rule 42 or have been disqualified by the protest committee will be posted before the protest time limit.
6. Breaches of SI 1.4, 11.3, 18, 19.2, 23 and 24 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be (DPI).
7. On the last day of the series a request for reopening a hearing shall be delivered if:
 - I. It's still within the protest time limit and if the party requesting reopening was informed of the decision on the previous day.
 - II. It's no later than 30 minutes after the party requesting reopening was informed of the decision on that day. *This changes Rules 62 & 66.*
8. Decisions of the protest committee will be final as provided in Rule 70.4.

17. SCORING

1. The Low Point Scoring system shall be used.
2. Three **(3)** races are required to be completed in order to constitute a series in each class.
3. When:
 - I. **One to Three** races have been completed; a boat's series score will be the total of her race scores.
 - II. **Four to Six** races have been completed; a boat's series score will be the total of her race scores excluding her worst score.
4. To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the race office.
5. Scores accumulate to the sailors and not the boat they sail in.

18. SAFETY REGULATIONS

1. No boats are to be launched before the appropriate signal described in SI4.2 is displayed.
2. All competitors in all classes should wear a personal flotation device at all times when afloat. If the buoyancy device is of an inflatable type it shall be inflated at all times while afloat.
3. A boat that retires from a race shall notify the race committee as soon as possible.



4. Failure of not abiding with the above safety instructions shall result in a discretionary penalty (SI 16.6) for each race of that day on which these instructions were not observed or outright expulsion from the regatta at a second offence of this SI in which case the results of the offending dinghy will be excluded from all of the results of the races sailed before the second offence took place.

19. REPLACEMENT OF CREW OR EQUIPMENT

1. Substitution of competitors will not be allowed.
2. Substitution of damaged or lost equipment must be notified to the race committee at the first reasonable opportunity. The original damaged items and the new equipment must be presented to the race committee for measurement. A sailor may be disqualified if the replaced equipment is not within class measurements.

20. EQUIPMENT AND MEASUREMENT CHECKS

1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

21. OFFICIAL BOATS

1. Only Official boats appointed by the race committee are allowed on the course areas.

22. SUPPORT BOATS

1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

23. RADIO COMMUNICATION

1. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones, radios, hand or other visual or verbal signals from spectator boats or outsiders.



24. TRASH DISPOSAL

1. Competitors shall not dispose of trash in the water. Trash may be placed aboard support and official boats. *Water bottles should be tied into boats using shock cord to prevent loss during manoeuvres.*

25. PRIZES

1. Prizes will be given to those placing in the First, Second and Third position in each Class or division of four boats and over.
2. Best Under 16 Laser Sailor & Best Girl in the Laser Class.
3. The Prize giving presentation will be held at the MYSC clubhouse on Sunday 24th **March 2019.**

26. DISCLAIMER OF LIABILITY

1. Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, "Decision to Race". The organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
2. By launching, competitors declare that they are fit and able to stand the present weather conditions. The fact that the race committee will provide rescue boats will not remove from competitors the responsibility they have accepted by participating in this regatta.
3. Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions. This floatation device shall be worn at all times when afloat. Wet suits or similar equipment will not be considered an adequate personal flotation device.

APPENDIX I

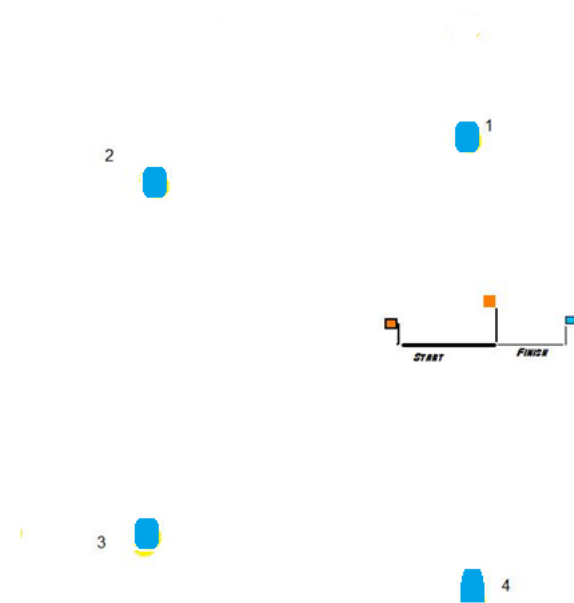


Illustration of the course configurations for both Optimist and Laser & Dbl Handed Classes

Optimist course configuration must be sailed leaving all marks to PORT as follows:

Beginners Division shall sail course 1, or 2 if the course flag 3 is being displayed.

Course 1: **Start - 1 - 2 - 3 - 4 - Finish**

Course 2: **Start - 1 - 2 - 3 - 2 - 3 - 4 - Finish**

Course 3: **Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - 4 - Finish**

Laser classes and Double handed classes course configuration must be sailed leaving all marks to PORT as follows:

Course 1: **Start - 1 - 4 - 1 - 2 - 3 - 4 - Finish**

Course 2: **Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - 4 - Finish**

Course 3: **Start - 1 - 4 - 1 - 4 - 1 - 4 - 1 - 2 - 3 - 4 - Finish**



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